

TriElements® Clinical Reference Guide
Not for Distribution of Commercial Use

JumpStart™ Colon Cleanse

Dietary Supplement

30 Vegetarian Capsules

Directions: Begin by taking 1 capsule at bedtime and then as needed take up to 3 capsules at bedtime. Take with a large glass of water. Do not exceed recommended dose or use for more than 10 days. (Read Notice and Caution statements on package before using).

Serving Size: 3 vegetarian capsules

Servings Per Container 10

	Amount Per Serving	%DV
Magnesium (as oxide, citrate)	200 mg	50%
Proprietary Blend	1008 mg	*
Cascara Sagrada (bark)		*
Ginger (root)		*
Butternut (root)		*
Dandelion (root)		*
Slippery Elm (bark)		*
Triphala Proprietary Extract blend (fruit)		*
Bibhitaki (Terminalia belerica)		*
Haritaki (Terminalia chebula)		*
Amalaki (Emblica officinalis)		*
Larch Arabinoglaactans		*
Peppermint (leaf)		*
Aloe Vera (inner gel) (200:1 concentrate)		*
Rose Hips		*

*Daily Value (DV) not established

Other Ingredients: Plant derived cellulose, Silica

Purpose of Formula:

This formula is designed to support a more comprehensive and complete colon elimination process.

Application and Key Benefits:

It is mildly stimulating and purging to the colon, inducing a more rapid and complete elimination. It helps increase the water and electrolyte content of the colon to soften impacted and hardened faecal matter and provide increased volume to help induce peristalsis and accelerated intestinal passage. (1,2,3,4,5)

These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, cure, treat, or prevent disease

1. Leung AY, Foster S. Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, 2d ed. New York: John Wiley & Sons, 1996, 128–30.
2. The Complete German Commission E Monographs—Therapeutic Guide to Herbal Medicines. M. Blumenthal, W.R. Busse, A. Goldberg, J. Gruenwald, T. Hall, C.W. Riggins, R.S. Rister (eds.) S. Klein and R.S. Rister (trans.). 1998. Austin: American Botanical Council; Boston: Integrative Medicine Communications.
3. Bradley PR (ed). British Herbal Compendium, vol 1. Bournemouth, Dorset, UK: British Herbal Medicine Association, 1992, 112–4.
4. Yamahara J, Huang QR, Li YH, et al. Gastrointestinal motility enhancing effect of ginger and its active constituents. Chem Pharm Bull 1990;38:430–1.
5. Plant monographs extracted from The Eclectic Materia Medica, Pharmacology and Therapeutics by Harvey Wickes Felter, M.D. (1922)